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# For Immediate Release

## DR. ALAWODE'S ABSTINENCE TEEN CHOICE CAMPAIGN RAISES AWARENESS AND SAVES LIVES

*Man of the Month, Dr. Nelson Alawode, Sheds Light on Cardinal Knowledge*

**BALTIMORE, MD** — Honored in Ladybrille Magazine's October issue as "Man of the Month", Dr. Nelson Aderemi Alawode, born in Nigeria, has been making waves in the physical and physiological health of teenagers and young adults internationally in North America.

Dr. Alawode's life changing experience started after delivering a baby by an 11 1/2-year-old girl by cesarean section while he was rotating through the department of OB/GYN as a medical student at Wake Forest. This experience was so profound that Dr. Alawode was divinely inspired to interject—hence the birth of Abstinence Teen Choice.

"It seems like I got a phone call from God that says "if this really bothers you son, why don't you go ahead and start educating kids in this age group as to the implication of multiple sexual partners and what marriage is all about." – Dr. Alawode, MD.

Dr. Alawode, a husband and father of three, has committed part of his practice to teaching and sharing information with teenagers about the implications of multiple sexual partners; that sex was, and still is, created by God and appropriate in the context of marriage.

The focus of abstinence education is to empower young adults to make the healthiest choice—understanding while avoiding the risks of STDs, teen pregnancy and negative emotional consequences. Only abstinence is 100% effective in eliminating the risk of STDs, teen pregnancy and possible emotional consequences.

### **About Abstinence Teen Choice**

Abstinence Teen Choice, a 501 C 3, teaches teens to understand the psychological and physical implications of having multiple sexual partners. Founded by Dr. Nelson Aderemi Alawode, the organization was born to educate teenagers about sex before marriage and to help the youth make educated decisions. For more information on Abstinence Teen Choice log on to [www.abstineneceteenchoice.org](http://www.abstineneceteenchoice.org)

For more information or to book Dr. Alawode for speaking engagements, please contact:

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